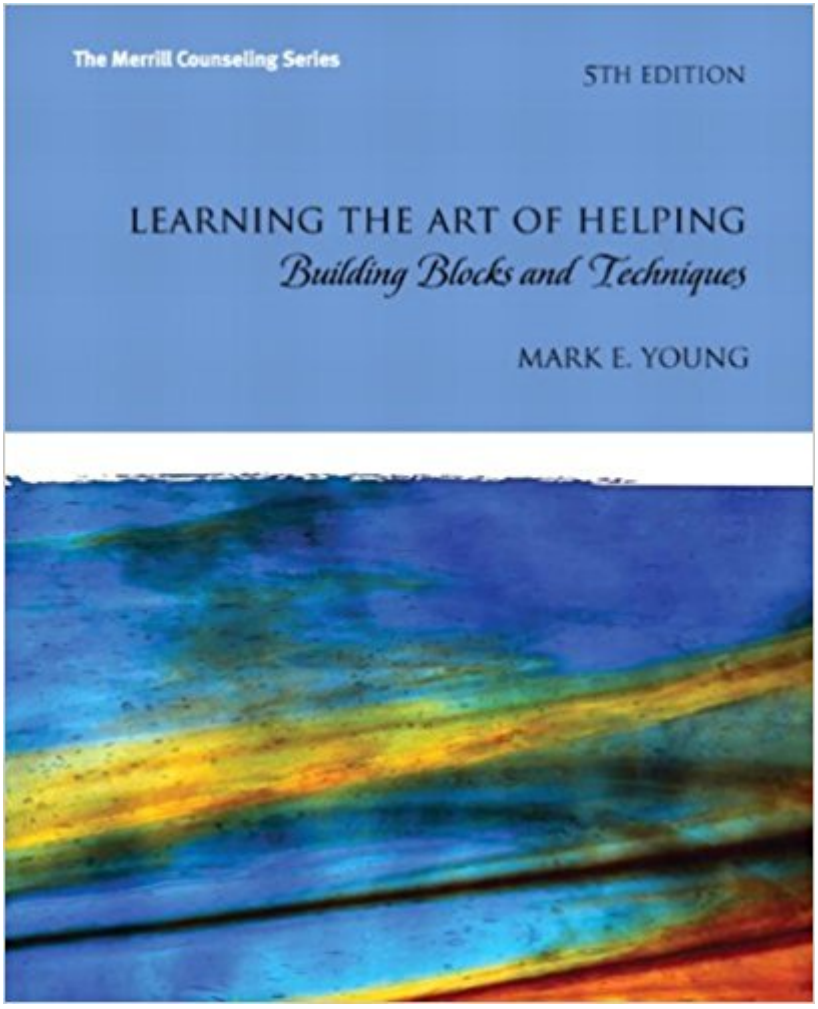
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Learning The Art Of Helping: Building Blocks And Techniques (5th Edition) (The Merrill Counseling)



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Synopsis

Note: This is the bound book only and does not include access to MyCounselingLabÃ Â®. To order MyCounselingLabÃ Â® packaged with the bound book, use ISBN 0134391071. Ã Â This best-selling resource is a great refresher and hands-on resource for counselors new to their professions. ItÃ¢â ¬â„¢s packed with step-by-step guidance for developing the skills and techniques they need to effectively help their clients. It covers not just the basic building blocks in the profession, but also what the author calls the Ã¢â ¬Å“megaskillsÃ¢â ¬Â• and common curative factors that lie behind the methods. The tone is conversational and the references are very useful. Ã Â Also available with MyCounselingLabÃ Â® This title is also available with MyCounselingLabÃ¢â ¬â œan online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through video clips, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes. Ã Â Ã Â

Book Information

Series: The Merrill Counseling

Paperback: 416 pages

Publisher: Pearson; 5 edition (March 11, 2012)

Language: English

ISBN-10: 0132627507

ISBN-13: 978-0132627504

Product Dimensions: 7.3 x 1 x 8.9 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 4.4 out of 5 stars 59 customer reviews

Best Sellers Rank: #33,384 in Books (See Top 100 in Books) #157 inÃ Â Books > Medical Books > Psychology > Counseling #168 inÃ Â Books > Textbooks > Education > Counseling #175 inÃ Â Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling

Customer Reviews

Learning the Art of Helping emphasizes the techniques and skills necessary to be effective in the art of helpingÃ¢â ¬â •from the basic building blocks to advanced therapeutic techniques and goes beyond the basic techniques to address the Ã¢â ¬Å“megaskillsÃ¢â ¬Â• and common curative factors that lie behind these methods, including how to form and repair a therapeutic relationship.

The authorÃ¢â ¬â„¢s conversational tone is appealing to students, yet the book is carefully referenced for instructors. The goal is to make beginning helpers become Ã¢â ¬Å“reflective practitionersÃ¢â ¬Â• and this is accomplished through Ã¢â ¬Å“Stop and ReflectÃ¢â ¬Â• sections, exercises, homework, class discussion topics, and journal starters that support the approach. Included are ample opportunities for students to practice the skills and techniques plus video segments to let them see the ideas in practice. Readers have opportunities to pause, integrate the concepts and ideas, and consider their reaction to real cases and situations through the Stop and Reflect sections within each chapter. Additional reinforcement is provided, giving students the chance to practice the skills theyÃ¢â ¬â„¢ve just learned with classmates through the Group Exercises. Ã Â Readers get to test new ideas and reflect on conflicts and challenges they develop as helpers through Journal Starters that allow them to continue their learning between classes. Ã Â Students get to see the techniques in action through Video Segments/Exercises for every basic skill in every chapter. This new edition continues the best selling features of the previous editions by emphasizing the skills needed in the art of helping while incorporating new integrative features that help readers discover the most effective methods for dealing with clients, including: Small Group Discussion topics at the end of each chapter. Self-Assessments in most chapters. Presentation of basic skills and advanced techniques, such as role-playing, reframing, and basic cognitive therapy methods. The most up-to-date research and references. The book addresses todayÃ¢â ¬â„¢s diverse culture. Readers get relevant information on suicide and risk assessment.

Mark Young is a Professor at the University of Central Florida. He received his doctorate from Ohio University. He has trained helpers for more than 20 years and worked in community mental health, private practice, college counseling centers, and corrections for more than 15 years. Dr. YoungÃ¢â ¬â„¢s professional writing has focused mainly on therapeutic methods and techniques, wellness, and counseling couples. He is the co-author of Counseling Today (2012) with Darcy Granello(Pearson) and Counseling and Therapy for Couples, 3/e with Lynn Long & Brigid Nooan (In press, Cengage) with Lynn Long & Brigid Noonan.

Great counseling resource for learning how to use microskills in a session with a client. Good examples and scenarios as well. The videos examples are extremely helpful!

A nice and easy read!

I really enjoyed this book. I found it very helpful when taking my counseling skills course in grad school. Definitely recommend this.

good

This book was helpful in my learning to become a Vocational Counselor. I loved the CD that came with it. The class I had was on line. So it was nice to view the CD before having to send my own tapes in for review, feedback and grade.

Had to get this book for a class I am in. Was an easy read and had helpful tips for building a counselors techniques up. Found the examples most helpful. I kept this book even after the class was over

Yes

Great Book

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